

MONDAY

Childminders' Group

Term time only. An opportunity for registered child-minders to meet up & for the children they care for to play together.

Newlands 10:00 - 1:00pm

Birchington 9:30 - 11:30am

Tiddlers to Toddlers Plus

Term time only. Drop in. For crawling babies up to the age of 20 months and their parents/carers. Fun and friendly session with activities for babies and a chance for new families to meet.

Six Bells 1:30 - 2:30pm

Healthy Child Clinic

Drop in to see the Health Visiting team who offer health, advice and guidance, including support with infant feeding. For children under 5, play area and activities provided. Weighing available.

Newington 1:00 - 3:00pm

Birchington 1:00pm - 3:00pm (*first Monday of month only*)

Family Time

Term time only. Drop in. For families with children aged 0-5 years. A chance to meet other families with fun activities for children including a healthy snack and song time.

Garlinge 1:30 - 3:00pm

Sexual Health Services

First Monday of every month, please call the Sexual Health Information for more information on 0300 790 0245.

Cliftonville 10:00 - 12:00pm



TUESDAY

Family Time

Term time only. Drop in. For families with children aged 0-5 years. A chance to meet other families with fun activities for children including a healthy snack and song time.

Callis Grange 9:30 - 11:00am

Newlands 1:15 - 2:45pm

Baby Hub

Led by the Health Visiting Team, the Baby Hubs offer drop in help, advice and guidance for you and your children, support with infant feeding and monthly health workshop

Parent workshops need to be booked and take place between 9:30 and 10:30am.

Priory 9:30-11:30 am

Young Parents Group-Stay and Play

Drop in. A stay and play group for young parents aged 19 and under.

Priory 1:00 - 3:00pm

Children's Behaviour—Drop in sessions

Concerned about your child's behaviour? Feeling unsure about what to do? We can offer support & advice to help guide and reassure you.

Six Bells 1—2:30pm

Tuesday 2nd April

Tuesday 30th April

Tuesday 28th May

Tuesday 25th June

Newington 1—2:30pm

Tuesday 16th April

Tuesday 14th May

Tuesday 11th June

NHS Stop Smoking Service

By appointment only. Free one-to-one support providing expert advice, support and encouragement to help you stop smoking for good. For more information or to arrange an appointment, please contact 0300 123 1220.

Newington 1:30 - 4:00pm

