

RHE Skills Progression



	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Team	Corinthians 12 12-27 1)I can talk about the teams I belong to. 2)I can be a good listener. 3)I can explain how to be kind and why it is important. 4)I can talk about unkind behaviour, teasing and bullying. 5)I can explain how to be a positive learner. 6)I can identify good and not-so-good choices.		Corinthians 12 12-27 1)I can talk about changes and how they might make me feel. 2)I can explain how and why we should work well as a team. 3)I can describe how my actions and behaviour affect my team. 4)I can pay attention to and respond considerately to other. 5)I can describe why disputes might happen and strategies to resolve them. 6)I can talk about my responsibilities towards my team	Corinthians 12 12-27 1)I can talk about changes and how they might make me feel. 2)I can explain how and why we should work well as a team. 3)I can describe how my actions and behaviour affect my team. 4)I can pay attention to and respond considerately to other. 5)I can describe why disputes might happen and strategies to resolve them. 6)I can talk about my responsibilities towards my team	Nehemiah 3 1)I can talk about the attributes of a good team. 2)I can accept that people have different opinions and know that I can politely disagree with others and offer my own opinion. 3)I can work collaboratively to complete a task. 4)I can compromise to ensure a task is complete. 5)I can reflect on the need to care for individuals within a team. 6)I can understand the importance of shared responsibilities in helping a team to function successfully.	

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Britain	Luke 10 25-37 1) I can describe ways that I can help my school community. 2) I can describe ways that I can be a good neighbour. 3) I can identify things that help and harm my neighbourhood 4) I can describe what it is like to live in Britain 5) I can explore how people living in Britain can be different and how they are the same 6) I can share my ideas about being British and living in Britain.		Luke 10 25-37 1) I can describe what it is like to live in Britain. 2) I can talk about what democracy is and understand why it is important. 3) I can talk about what rules and laws are and identify how they help us. 4) I can talk about what liberty means and I can identify the rights of British people. 5) I can describe a diverse society and talk about why it is important. 6) I can explain what being British means to me and to others.		Exodus 20 1) I can talk about the range of faiths and ethnicities in Britain and identify ways of showing respect. 2) I can explain what a community is and what it means to belong to one. 3) I can explain why and how laws are made and identify what might happen if laws are broken. 4) I Can discuss the terms democracy and human rights in relation to local government. 5) I can discuss the terms democracy and human rights in relation to national government. 6) I can investigate what charities and voluntary groups do and how they support the community.	

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Be Yourself	Genesis 1 1) I can talk about what makes me special 2) I can name some of the different feelings I have and can describe how they feel. 3) I can talk about things I like that make me feel happy. 4) I can talk about the things that make me feel unhappy or cross and have ideas about what to do when I have these feelings. 5) I can discuss how change and loss make me feel. 6) I can share what I think and feel with confidence.		Genesis 1 1) I can say the things about myself that I am proud of. 2) I can identify the feelings I have and describe how different emotions feel. 3) I can describe different ways to cope with any uncomfortable feelings I may have and understand why this is important. 4) I know how to be assertive. 5) I can explore messages given by the media and decide if they are helpful or harmful. 6) I can identify different strategies I can use if I make a mistake		Genesis 1:27 1) I can explain why everyone is unique and understand why this should be celebrated and respected. 2) I can explain why I should share my own thoughts and feelings and I know how to do this. 3) I can explore uncomfortable feelings and understand how to manage them. 4) I can understand why we sometimes feel shy or nervous and know how to manage these feelings. 5) I can identify when I might have to make different choices from those around me. 6) I can explore how it feels to make a mistake and describe how I can make amends.	

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Digital Wellbeing	Genesis 1:27 1) I can talk about ways in which the internet is useful. 2) I know how to balance screen time with other activities and understand why this is important. 3) I know how to stay safe on-line. 4) I can explain why we keep personal information private. 5) I know how to communicate on-line in ways that show kindness and respect. 6) I understand that not everything on the internet is true.	Genesis 1:27 1) I can talk about ways in which the internet is useful. 2) I know how to balance screen time with other activities and understand why this is important. 3) I know how to stay safe on-line. 4) I can explain why we keep personal information private. 5) I know how to communicate on-line in ways that show kindness and respect. 6) I understand that not everything on the internet is true.	Genesis 3 1) I can identify the positives and negatives of being on-line. 2) I can be kind on-line and I can help make the internet a safer place. 3) I know hoe to stay safe when communicating on-line and what to do if I don't feel safe. 4) I can decide how reliable on-line information is and know how to share information responsibly on-line. 5) I can identify things we shouldn't share on-line and give reasons why we shouldn't share them. 6) I understand how technology can affect our well-being in different ways.	1 Corinthians 3 1) I can be responsible for making good choices to stay safe and healthy. 2) I can identify a risky situation and act responsibly. 3) I understand that I can choose not to do something that makes me feel uncomfortable. 4) I know how to be safe on and near the road. 5) I know about dangerous substances and how they affect the human body. 6) I can keep myself safe when I use the Internet.	1 Corin 6 1) I can identify the benefits of the internet and know how to look after my digital well-being. 2) I know how to stay safe, healthy and happy online and when I use digital technology. 3) I know how to develop safe, respectful and healthy online relationships and can recognise the signs of inappropriate and harmful relationships. 4) I know how to use social media responsibly to protect the health, well-being rights for all. 5) I know what online bullying is and what to do if I see or experience it to help make it stop. 6) I understand not all information online is true and know how to assess the reliability of both text and images.	

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Money Matters	Luke 19 1-10 1)I can explain where money comes from and why we need it. 2)I can explain how we can keep money safe and why this is important 3)I can explain choices I have about spending money and why it is important to keep track of what I spend. 4)I can explain the difference between things we want and things we need. 5)I can explain how I keep my belongings safe and why this is important. 6)I can explain what happens when we go shopping.		Luke 19 1-10 1)I can explain what skills are needed for a range of jobs and why people go to work. 2)I can explain the different ways people pay for things. 3)I can explain ways people can borrow money and discuss some consequences of borrowing. 4)I can explain the difference between things we want and things we need. 5)I can explain how adverts try to influence our spending and why they do this. 6)I can explain ways I can keep track of what I spend and why it is important to do this.			Luke 3-12 1)I can explain some financial risks we might encounter and can discuss how we can avoid them. 2)I understand how retailers try to influence our spending. 3)I understand what 'value for money' means and can explain how we can tell if things are good value 4)I can explain why we need to budget and how to make one. 5)I can explain why people borrow money. 6)I can explain what tax is and why we need to pay it.

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Aiming High	1 Samuel 17 1) I can think of star qualities I already have and those I would like to develop. 2) I can explain how a positive learning attitude can help me. 3) I can talk about jobs that people can do and tell my friends what I want to be when I grow up. 4) I can understand that it is a person's interests and skills that make them suited to doing a job. 5) I can think about things I would like to achieve in the future. 6) I can think about changes which might happen to me and consider how I feel about them.		Samuel 17 1) I can identify achievements and suggest how my actions can help me achieve. 2) I can identify personal goals and suggest actions I can take to achieve them. 3) I can explain how a positive learning attitude can help me learn new things. 4) I can identify the skills and attributes needed to do certain jobs. 5) I understand that gender does not limit us in becoming what we want to be in the future. 6) I can discuss what job I might like to do when I grow up and what skills I need to achieve this.			

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Think Positive		Galatians 6:7 1)I can understand how happy thoughts can make me feel good. 2)I can make good choices and consider the impact of my decisions. 3)I can set myself goals and consider how to achieve them. 4)I can discuss my feelings and opinions with others and cope with difficult emotions. 5)I can discuss things I am thankful for and focus on what I do have, rather than what I don't have. 6)I can focus on what is happening now and how I am feeling.		Matt 1 18-23 1)I understand that having a positive attitude is good for our mental health. 2)I can recognise and manage positive and negative thoughts effectively. 3)I understand that some changes can be difficult, but that there are things we can do to cope. 4)I can use mindfulness techniques to keep calm. 5)I can identify uncomfortable emotions and manage them effectively. 6)I can apply a positive attitude towards learning and take on new challenges.		Joshua 1 1)I understand the link between thoughts, feelings and behaviours. 2)I understand the concept and impact of positive thinking. 3)I can recognise and manage uncomfortable feelings. 4)I understand the importance of making good choices. 5)I can use mindfulness techniques in my everyday life. 6)I can apply a growth mindset in my everyday life.

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Respecting Rights		Matt 22 34-40 1)I can talk about what rights are and identify rights that all people share. 2)I can explain who helps protect our rights. 3)I can show respect for the rights of others and understand why this is important. 4)I can show respect for the differences between people. 5)I can understand why it is important to be fair. 6)I can explain why making a positive difference is important.		2 kings 2 23-25 1)I understand what rights are and that all people share the same rights. 2)I understand what the Universal Declaration of Human Rights and the Declaration of the Rights of the Child are and why they are important. 3)I can explain what democracy is and how this relates to rules and human rights. 4)I understand that human rights are not dependent on responsibilities. 5)I can explain what it means to respect the rights of others and I understand why this is important. 6)I understand how stereotypes can stop people's human rights being met.		Romans 13 1)I can explain what the Universal Declaration of Human Rights is and understand that children have their own rights. 2)I understand that human rights apply to everyone, no matter where they are from or what their culture is and family traditions are. 3)I can identify why people's rights are sometimes not met in the UK and in places across the world. 4)I can explain how I can respect other people's rights and I understand why this is important. 5)I can identify how and why ideas about human rights have changed. 6)I can explain the role and importance of human rights activists.

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VIPS		Matt 19 13-15 1)I can talk about the very important people in my life and explain why they are special. 2)I can describe why families are important. 3)I can describe what makes someone a good friend. 4)I can describe ways to help work out arguments and disagreements. 5)I can cooperate with others to achieve a task. 6)I can describe how I can show my special people that I care about them and understand why this is important		1 Samuel 18 1)I can explain why we need new friendships and how to make them. 2)I can create a list of positive actions needed to stay friends with my friends. 3)I can identify my own support network. 4)I can demonstrate strategies for resolving conflicts. 5)I can identify what bullying is. 6)I know what to do if someone is being bullied.		Psalm 37-8 1)I can explain the importance of respecting my VIPs. 2)I can identify different ways to calm down when I am feeling angry or upset. 3)I understand that people have different opinions that should be respected. 4)I can identify negative influences on my behaviour and suggest ways that I can resist these influences. 5)I can explain when it is right to keep a secret, when it is not and who to talk to about this. 6)I can recognise healthy and unhealthy relationships.

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One World		Romans 14 1)I can explore family life in different countries and say how it is the same as mine and how it is different. 2)I can discuss homes and home life from around the world and say how they are the same as mine and how they are different. 3)I can explain what it is like to go to school in other countries and say how it is the same as or different from my school. 4)I can explore places where people live which are different from where I live. 5)I can think about how people use things from the earth and what problems this can cause. 6)I can say why it is important to care for the earth and identify how I can help protect it.		John 17-23 1)I can discuss ways in which people's lives are similar and different and give reasons for these differences. 2)I can explore differences of opinion and identify if I feel these are fair. 3)I can think about the lives of people living in other places, make considered decisions and give reasons for my opinions. 4)I can recognise how my actions impact on people living in different countries and can identify things I can do to make the world a fairer place. 5)I can explain what climate change is and how it affects people's lives and identify what I can do to help. 6)I can identify different organisations which help people in different countries who are in challenging situations and explain how they do this.	1)I can talk about and understand how we can be responsible global citizens. 2)I can describe what global warming is and what we can do to prevent it from getting worse. 3)I can explain how our energy use can harm the environment and describe what we can do to help. 4)I can describe how we can use water responsibly and understand the importance of doing this. 5)I can understand what biodiversity is and explain the importance of doing all we can to encourage it. 6)I can make choices which make the world a better place and that help people across the world.	Genesis 6 1)I can talk about and understand how we can be responsible global citizens. 2)I can describe what global warming is and what we can do to prevent it from getting worse. 3)I can explain how our energy use can harm the environment and describe what we can do to help. 4)I can describe how we can use water responsibly and understand the importance of doing this. 5)I can understand what biodiversity is and explain the importance of doing all we can to encourage it. 6)I can make choices which make the world a better place and that help people across the world.

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Safety First		James 2 14-17 1)I know how to stay safe and who can help if I feel unsafe. 2)I know how to stay safe at home. 3)I know how to stay safe when I am out and about. 4)I can keep myself safe when I use the Internet. 5)I know my body belongs to me and how to keep my body safe. 6)I know who to go to if I need help				Psalms 27:1 10I can take responsibility for my own safety. 20I can assess and manage risks in different situations. 3)I can confidently identify and manage pressure to get involved in risky situations. 4)I can act sensibly and responsibly in an emergency. 5)I can understand how to use mobile devices and the Internet safely and responsibly. 6)I can understand that everyone has the right to feel safe and happy when using mobile phones and the Internet.
Christopher Winter Project					Genesis 39:19 1)I can explain the main physical and emotional changes that happen during puberty. 2)I can understand how puberty affects the reproductive organs. 3)I can describe how to manage physical and emotional changes. 4)I can explain how to stay clean during puberty. 5)I can describe how emotions change during puberty. 6)I know how to get help and support during puberty.	